**Module 2: Finding Your Authentic Voice**

**With Suzanne Lorenz**

**From Deprivation to Abundance**

* List 1-5 ways you felt deprived as a child.

1.

2.

3.

4.

5.

* List 1-5 ways you felt abundant as a child.

1.

2.

3.

4.

5.

* List 1-5 ways you feel deprived now.

1.

2.

3.

4.

5.

* List 1-5 ways you feel abundant now.

1.

2.

3.

4.

5.

**Visions and Values**

* Imagine you wake up one morning with unlimited money, time, and energy. What would you be doing? Being? Having?

**Know Your Values**

* What do you spend your money on?
* What do you wish you’d spend your money on but don’t?
* What do you spend your money on that you wish you didn't?